

## Food Access and Community Resources

### Manna Community Kitchen

During this immensely challenging time, Manna is prepared to help. If you or anyone you know are in need of meals, please feel no hesitation in utilizing our services.

**We are here for everyone in our community.**

Hours and locations

**Monday: 11:30 – 1:30pm at St. John’s Episcopal Church**

**Tuesday: 11:30 – 1:30pm at St. John’s Episcopal Church**

**Wednesday: 6:00 – 7:00pm at Edwards Church**

**Thursday: 11:30 – 1:30pm at St. John’s Episcopal Church**

**Saturday: 11:30 – 1:30pm at Edwards Church**

Please reach out to Manna if these are outside of your availability, so they can make arrangements to assist you.

You can call Manna at (413) 584-1757 or an email

to [manna@stjohnsnorthampton.org](mailto:manna@stjohnsnorthampton.org),

<https://www.mannanorthampton.com/featured/information-from-manna-community-kitchen-regarding-our-response-to-covid-19/>

**Northampton Survival Center** has food distribution sites across Northampton. Food will be available for all Northampton Survival Center clients and **eligible** new clients experiencing food insecurity.

(<https://www.northamptonssurvival.org/get-help/residential-requirements-eligibility/>)

Please **click this link** for full details, and for ongoing updates as this situation unfolds.

(<https://www.northamptonssurvival.org/updates-and-information-for-the-northampton-survival-center-community-on-our-response-to-covid-19/>)

## **Highland Valley Elder Services**

<https://www.highlandvalley.org/causes-2/>

**Provides home care services, personal care, meals, personal emergency alert systems, etc.** Currently, intake/screenings are being conducted by phone. 413-586-2000 or 1-800-322-0551

### **Meals for Pick-up**

Any senior (age 60+) can go to the Walter Salvo House between 9:00 am-12:30 pm M-F for meals that they can pick up from there and take home. There is no charge for the meal, if you can donate to the effort it is appreciated. Please call 413 584 6784 48 hours to reserve your meal.

**Meal Delivery** Seniors who are homebound are on home quarantine with COVID19 can receive meal deliveries-call Highland Valley at 413-586-2000, option 2 for intake.

Northampton Senior Center is also able to organize pick up and delivery for seniors who cannot go themselves- call 413-587-1228, press option 5 and leave a message with your name and phone number.

**Community Action** All people have the right to food, clothing, shelter, warmth, and medical care. Because costs are so high, many in our community have to sacrifice one necessity for another- rent vs. food, heat vs. needed medication. **Community Action can help.**

<https://www.communityaction.us/community-services>

**Look4Help** a free on-line searchable listing of supportive local resources.

<https://www.look4help.org/>

### **FoodSource Hotline 1-800-645-8333**

Our FoodSource Hotline—a toll-free hotline that is the only comprehensive statewide information and referral service in Massachusetts

for people facing hunger—can connect you to food resources in your community.

*NN COVID RESOURCE 4/22/20*

*These are challenging times and we hope these resources help you, your family or a neighbor. Please consider that this is a fluid situation and that we are doing our best to provide accurate, timely information. If you have an update or more information, email [info@northamptonneighbors.org](mailto:info@northamptonneighbors.org) and we will share it ASAP. Take care.*

*Entendemos que estos son tiempos difíciles y ójala que estos recursos sean útiles para usted, su familia o sus vecinos. Por favor, entienda que esta situación está cambiando diariamente y esforzándonos para proveer información precisa y oportuna. Si tienes noticias o más información, por favor contáctanos por correo electrónico a [info@northamptonneighbors.org](mailto:info@northamptonneighbors.org) y la contaremos. Si prefieras algunas de estos recursos en Español, por favor contáctanos por teléfono (413-230-7088) o correo electrónico ([info@northamptonneighbors.org](mailto:info@northamptonneighbors.org)) y nos alegramos traducirlo. Cúdense.*